

Switchel, Pocket Lemonade, and Raspberry Shrub Recipes

Switchel

¼ cup apple cider vinegar
¼ cup honey*
1 tsp ground ginger
3 cups water

Directions:

Mix ingredients together and adjust according to taste.

*molasses, sugar, or other sweeteners can be used instead

Pocket Lemonade

2 cups water
2 ½ Tbls apple cider vinegar
¼ cup sugar
1 tsp lemon extract

Directions:

Mix ingredients together and adjust according to taste.

Raspberry Shrub

2 cups raspberries
1 cup vinegar
¼ cup sugar

Directions:

1. Pour the vinegar over the raspberries and let stand for a few days.
2. Strain the vinegar raspberry mixture through a metal sieve to remove the raspberries.
3. Add ¼ cup of sugar to the liquid.
4. Bring to a boil over high heat and let boil for ten minutes.
5. Keep in a jar in a cool place until needed.
6. Add a tablespoonful of the raspberry shrub to a cup of water to enjoy.